

## 2. INT. 24h IRON MASTER

17.12./18.12.2022

### Fortsetzung Bewerb 101 - 200m Lagen Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 03:11,94 +03.29 795  
 50m: 00:40,32, 100m: 01:31,52 (00:51,20), 150m: 02:29,03 (00:57,51), 200m: 03:11,94 (00:42,91)

### Fortsetzung Bewerb 102 - 200m Lagen Herren Masters

#### Altersklasse 80

1. Seeger, Alfred 1940 GER TSV 1850 Lindau 03:52,54 889  
 50m: 00:53,32, 100m: 01:54,42 (01:01,10), 150m: 03:00,17 (01:05,75), 200m: 03:52,54 (00:52,37)

### Fortsetzung Bewerb 103 - 50m Rücken Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 00:42,61 +00.13 756  
 RT +0.81 50m: 00:42,61

### Fortsetzung Bewerb 104 - 50m Rücken Herren Masters

#### Altersklasse 80

1. Seeger, Alfred 1940 GER TSV 1850 Lindau 00:53,82 740  
 RT +01.03 50m: 00:53,82

### Fortsetzung Bewerb 105 - 200m Brust Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 03:36,66 +04.72 791  
 RT +0.89 50m: 00:49,42, 100m: 01:43,74 (00:54,32), 150m: 02:39,86 (00:56,12), 200m: 03:36,66 (00:56,80)

### Fortsetzung Bewerb 106 - 200m Brust Herren Masters

#### Altersklasse 80

1. Seeger, Alfred 1940 GER TSV 1850 Lindau 04:05,71 909  
 RT +01.06 50m: 00:55,65, 100m: 01:57,68 (01:02,03), 150m: 03:02,26 (01:04,58), 200m: 04:05,71 (01:03,45)

### Fortsetzung Bewerb 107 - 100m Schmetterling Damen Masters

#### Altersklasse 50

1. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 01:28,18 777  
 RT +0.93 50m: 00:41,63, 100m: 01:28,18 (00:46,55)

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### Fortsetzung Bewerb 108 - 100m Schmetterling Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	01:59,24		833
RT +01.09 50m: 00:54,79, 100m: 01:59,24 (01:04,45)						

### Fortsetzung Bewerb 109 - 50m Brust Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	00:48,19	+02.86	739
RT +0.89 50m: 00:48,19						

### Fortsetzung Bewerb 110 - 50m Brust Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	00:52,93		822
RT +01.05 50m: 00:52,93						

### Fortsetzung Bewerb 111 - 200m Freistil Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	02:46,70	+06.36	798
RT +0.95 50m: 00:38,66, 100m: 01:20,97 (00:42,31), 150m: 02:04,46 (00:43,49), 200m: 02:46,70 (00:42,24)						

### Fortsetzung Bewerb 112 - 200m Freistil Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	03:18,96		867
RT +01.08 50m: 00:44,04, 100m: 01:34,24 (00:50,20), 150m: 02:27,18 (00:52,94), 200m: 03:18,96 (00:51,78)						

### Fortsetzung Bewerb 113 - 50m Freistil Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	00:34,95	+00.60	791
RT +0.93 50m: 00:34,95						

### Fortsetzung Bewerb 114 - 50m Freistil Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	00:40,80		809
RT +01.19 50m: 00:40,80						

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### Fortsetzung Bewerb 115 - 200m Rücken Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 03:15,05 +06.95 775  
 RT +0.95 50m: 00:46,21, 100m: 01:35,52 (00:49,31), 150m: 02:26,08 (00:50,56), 200m: 03:15,05 (00:48,97)

### Fortsetzung Bewerb 116 - 200m Rücken Herren Masters

#### Altersklasse 80

1. Seeger, Alfred 1940 GER TSV 1850 Lindau 04:02,54 829  
 RT +01.03 50m: 00:56,50, 100m: 01:59,69 (01:03,19), 150m: 03:01,74 (01:02,05), 200m: 04:02,54 (01:00,80)

### Fortsetzung Bewerb 117 - 800m Freistil Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 12:36,16 +01:11.10 769  
 RT +0.96 50m: 00:40,41, 100m: 01:25,20 (00:44,79), 150m: 02:12,56 (00:47,36), 200m: 03:00,02 (00:47,46)  
 250m: 03:47,87 (00:47,85), 300m: 04:35,61 (00:47,74), 350m: 05:23,78 (00:48,17), 400m: 06:11,76 (00:47,98)  
 450m: 06:59,69 (00:47,93), 500m: 07:47,88 (00:48,19), 550m: 08:36,91 (00:49,03), 600m: 09:25,19 (00:48,28)  
 650m: 10:13,59 (00:48,40), 700m: 11:01,48 (00:47,89), 750m: 11:49,33 (00:47,85), 800m: 12:36,16 (00:46,83)

### Fortsetzung Bewerb 118 - 800m Freistil Herren Masters

#### Altersklasse 80

1. Seeger, Alfred 1940 GER TSV 1850 Lindau 14:44,34 890  
 RT +01.05 50m: 00:47,77, 100m: 01:41,95 (00:54,18), 150m: 02:37,23 (00:55,28), 200m: 03:32,96 (00:55,73)  
 250m: 04:28,95 (00:55,99), 300m: 05:25,13 (00:56,18), 350m: 06:21,24 (00:56,11), 400m: 07:17,16 (00:55,92)  
 450m: 08:13,31 (00:56,15), 500m: 09:09,56 (00:56,25), 550m: 10:06,14 (00:56,58), 600m: 11:02,27 (00:56,13)  
 650m: 11:58,20 (00:55,93), 700m: 12:54,19 (00:55,99), 750m: 13:50,27 (00:56,08), 800m: 14:44,34 (00:54,07)

#### --- 2. Abschnitt ---

### Fortsetzung Bewerb 119 - 400m Lagen Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra 1971 GER TSV 1850 Lindau 06:40,37 +00.01 828  
 RT +0.99 50m: 00:43,48, 100m: 01:34,43 (00:50,95), 150m: 02:27,34 (00:52,91), 200m: 03:18,36 (00:51,02)  
 250m: 04:15,53 (00:57,17), 300m: 05:13,41 (00:57,88), 350m: 05:58,49 (00:45,08), 400m: 06:40,37 (00:41,88)

## Fortsetzung Bewerb 120 - 400m Lagen Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	08:26,57		901
50m: 00:57,55, 100m: 02:07,46 (01:09,91), 150m: 03:12,88 (01:05,42), 200m: 04:17,48 (01:04,60)						
250m: 05:26,87 (01:09,39), 300m: 06:36,01 (01:09,14), 350m: 07:31,66 (00:55,65), 400m: 08:26,57 (00:54,91)						

## Fortsetzung Bewerb 121 - 100m Brust Damen Masters

### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	01:44,19	+03.07	750
RT +0.96 50m: 00:49,76, 100m: 01:44,19 (00:54,43)						

## Fortsetzung Bewerb 122 - 100m Brust Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	01:57,55		833
50m: 00:55,18, 100m: 01:57,55 (01:02,37)						

## Fortsetzung Bewerb 123 - 100m Freistil Damen Masters

### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	01:17,90	+01.70	788
50m: 00:38,31, 100m: 01:17,90 (00:39,59)						

## Fortsetzung Bewerb 124 - 100m Freistil Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	01:33,58		809
RT +01.02 50m: 00:42,93, 100m: 01:33,58 (00:50,65)						

## Fortsetzung Bewerb 125 - 200m Schmetterling Damen Masters

### Altersklasse 50

1. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	03:20,61		770
RT +0.94 50m: 00:44,69, 100m: 01:35,79 (00:51,10), 150m: 02:28,52 (00:52,73), 200m: 03:20,61 (00:52,09)						

## Fortsetzung Bewerb 126 - 200m Schmetterling Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	04:41,94	873
RT +01.13 50m: 01:00,57, 100m: 02:13,28 (01:12,71), 150m: 03:27,97 (01:14,69), 200m: 04:41,94 (01:13,97)					

## Fortsetzung Bewerb 127 - 400m Freistil Damen Masters

### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	06:05,95	+30.81	772
RT +0.92 50m: 00:40,16, 100m: 01:25,35 (00:45,19), 150m: 02:11,64 (00:46,29), 200m: 02:58,92 (00:47,28) 250m: 03:45,68 (00:46,76), 300m: 04:34,19 (00:48,51), 350m: 05:20,63 (00:46,44), 400m: 06:05,95 (00:45,32)						

## Fortsetzung Bewerb 128 - 400m Freistil Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	07:33,55	821
RT +01.16 50m: 00:47,52, 100m: 01:43,89 (00:56,37), 150m: 02:42,33 (00:58,44), 200m: 03:40,44 (00:58,11) 250m: 04:38,14 (00:57,70), 300m: 05:35,61 (00:57,47), 350m: 06:38,01 (01:02,40), 400m: 07:33,55 (00:55,54)					

## Fortsetzung Bewerb 129 - 50m Schmetterling Damen Masters

### Altersklasse 50

1. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	00:38,42	787
RT +0.80 50m: 00:38,42					

## Fortsetzung Bewerb 130 - 50m Schmetterling Herren Masters

### Altersklasse 80

1. Seeger, Alfred	1940	GER	TSV 1850 Lindau	00:51,49	770
RT +01.16 50m: 00:51,49					

## Fortsetzung Bewerb 131 - 100m Rücken Damen Masters

### Altersklasse 50

1. Bandlow-Albrecht, Sandra	1971	GER	TSV 1850 Lindau	01:28,63	784
RT +0.92 50m: 00:44,61, 100m: 01:28,63 (00:44,02)					

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### Fortsetzung Bewerb 132 - 100m Rücken Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940 GER TSV 1850 Lindau	01:54,45	789
RT +01.00 50m: 00:55,92, 100m: 01:54,45 (00:58,53)			

### Fortsetzung Bewerb 133 - 100m Lagen Damen Masters

#### Altersklasse 50

1. Bandlow-Albrecht, Sandra	1971 GER TSV 1850 Lindau	01:28,92	785
RT +0.91 50m: 00:41,35, 100m: 01:28,92 (00:47,57)			

### Fortsetzung Bewerb 134 - 100m Lagen Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940 GER TSV 1850 Lindau	01:46,98	846
RT +01.22 50m: 00:52,50, 100m: 01:46,98 (00:54,48)			

### Fortsetzung Bewerb 135 - 1500m Freistil Damen Masters

#### Altersklasse 50

2. Bandlow-Albrecht, Sandra	1971 GER TSV 1850 Lindau	23:50,16	+01:42.95	784
RT +0.98 50m: 00:41,90, 100m: 01:29,15 (00:47,25), 150m: 02:17,45 (00:48,30), 200m: 03:04,75 (00:47,30)				
250m: 03:51,49 (00:46,74), 300m: 04:38,75 (00:47,26), 350m: 05:26,45 (00:47,70), 400m: 06:14,32 (00:47,87)				
450m: 07:01,83 (00:47,51), 500m: 07:50,09 (00:48,26), 550m: 08:38,45 (00:48,36), 600m: 09:26,68 (00:48,23)				
650m: 10:15,11 (00:48,43), 700m: 11:03,31 (00:48,20), 750m: 11:51,30 (00:47,99), 800m: 12:38,84 (00:47,54)				
850m: 13:26,38 (00:47,54), 900m: 14:14,90 (00:48,52), 950m: 15:02,52 (00:47,62), 1000m: 15:50,26 (00:47,74)				
1050m: 16:37,53 (00:47,27), 1100m: 17:25,53 (00:48,00), 1150m: 18:13,52 (00:47,99), 1200m: 19:01,01 (00:47,49)				
1250m: 19:49,38 (00:48,37), 1300m: 20:38,35 (00:48,97), 1350m: 21:26,09 (00:47,74), 1400m: 22:14,43 (00:48,34)				
1450m: 23:02,95 (00:48,52), 1500m: 23:50,16 (00:47,21)				

### Fortsetzung Bewerb 136 - 1500m Freistil Herren Masters

#### Altersklasse 80

1. Seeger, Alfred	1940 GER TSV 1850 Lindau	30:34,87	830
RT +01.13 50m: 00:49,18, 100m: 01:47,55 (00:58,37), 150m: 02:47,41 (00:59,86), 200m: 03:47,28 (00:59,87)			
250m: 04:46,35 (00:59,07), 300m: 05:47,70 (01:01,35), 350m: 06:49,72 (01:02,02), 400m: 07:50,52 (01:00,80)			
450m: 08:52,71 (01:02,19), 500m: 09:55,61 (01:02,90), 550m: 10:58,61 (01:03,00), 600m: 12:01,49 (01:02,88)			
650m: 13:03,88 (01:02,39), 700m: 14:06,46 (01:02,58), 750m: 15:09,30 (01:02,84), 800m: 16:10,85 (01:01,55)			
850m: 17:15,29 (01:04,44), 900m: 18:17,62 (01:02,33), 950m: 19:21,03 (01:03,41), 1000m: 20:23,55 (01:02,52)			
1050m: 21:27,01 (01:03,46), 1100m: 22:28,70 (01:01,69), 1150m: 23:29,70 (01:01,00), 1200m: 24:31,07 (01:01,37)			
1250m: 25:33,26 (01:02,19), 1300m: 26:36,77 (01:03,51), 1350m: 27:39,52 (01:02,75), 1400m: 28:38,89 (00:59,37)			
1450m: 29:38,96 (01:00,07), 1500m: 30:34,87 (00:55,91)			